

## Contact Numbers:

### Playlink Outreach & Playpack Service:

Playlink provides support to children focusing on the adult /child play relationship, encouraging a positive approach to parenting. Contact Emma on 01304 242476

### Big Smiles Dental Visits:

Contact Andrea

### Pre-School Family Liaison Officer:

Any questions about children starting Primary School?  
Contact Sharon Bremner

### Antenatal Advice/Group

Contact Claire/Linda for details

## Childcare:

**Happy Feet Pre-School:**  
Popular, well resourced and friendly pre-school:

- Happy Feet is registered for 30 two to four year old children per session.
  - Open Mon and Fri from 8:45-12:00
  - Open Tues, Wed, Thur from 8:45-3:30
  - Successful Ofsted Inspection
  - Very well trained and dedicated staff team
- For more information call 01304 242720



### Brambley Hedge Children's Centre:

Over 26 years of childcare in the community:

- Well established and popular nursery
  - After School Club and Playscheme in action
    - Excellent Ofsted Inspection
    - Government funded places available
    - Working towards Kent Kitemark Quality Assurance Scheme
- For more information or an appointment please call 01304 211811



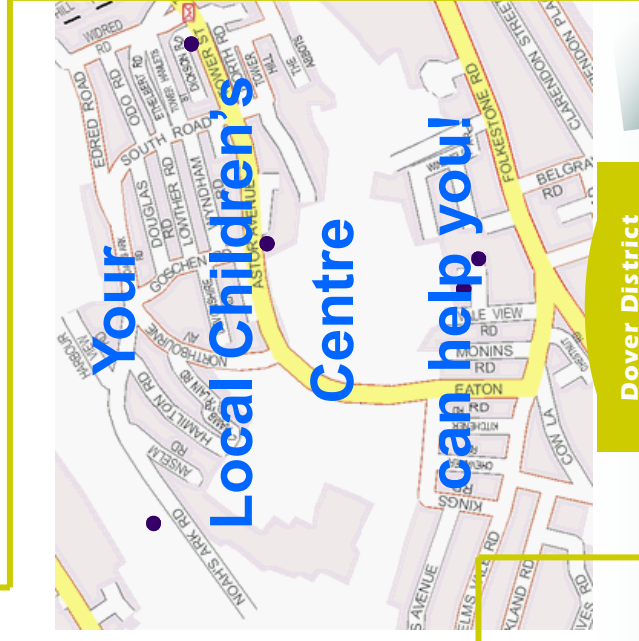
Reg. Charity No. 278487

**Childminding:** If you are interested in becoming or using a Childminder please contact NCMA – Gwenderlyne Southall on 01303 264145

# Tower Hamlets & Priory

## Children's Centre

Do you have,  
or care for children  
up to the age of 5?



### TOWER HAMLETS CHILDREN'S CENTRE

Home Start Dover District: 01304 242314

Health Visiting Team: 01304 865515

NCMA: 01303 264145

Dover Birthing Centre: 01304 222523

Dover Health Centre: 01304 865500

Children's Information Services (CIS): 08000 32 32 30

NCH Playlink: 01304 242476

Social Services: 01304 204915

Poltons Family Centre: 01304 211925

Vale View Primary School: 01304 202821

Priory Fields Primary School: 01304 211543

Happy Feet Pre-school: 01304 242720

Brambley Hedge Children's Centre: 01304 211811

Dover District Children's Centre Team: 01304 226919

The Ark: 01304 225737

Dover District Children's Centre Team  
Triangles Community Centre  
Poulton Close, St Radigunds  
Dover

CT17 0HL

Phone: 01304 226919

Fax: 01304 212460

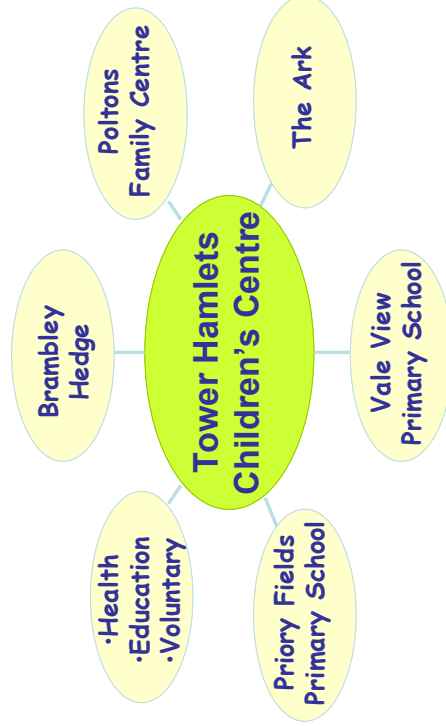
Email: [surestart@surestartdover.org](mailto:surestart@surestartdover.org)

**SureStart**

Version 2: September 2006

The aim of Children's Centres is to bring together a network of services for parents and children of all ages within local communities.

Tower Hamlets & Priory Children's Centre works in partnership with a variety of agencies to deliver services for children age 0-5 years and their families



The following groups encourage interaction with other families and offer a friendly and supportive environment

For more information on any of the courses or groups call the  
 Dover District Children's Centre Team:  
**01304 226919**

**Parent & Toddler Groups:**

**Fun2Play:**

Poltons Family Centre:  
 Tuesdays (Referral only, Contact Vicky)

**Home Start Family Group:**

The Ark:  
 Fridays (for Home Start families)

**Happy Feet Toddler Group:**

The Ark:  
 Fridays (term time only) 1:15—2:45

**Exercise:**

The Ark  
 Coming Soon! Contact Sharon Taylor

**Managing Children's Behaviour:**

The Ark  
 Coming Soon! Contact Viv/Sarah/Eve

**Parent & Baby Groups 0-1 years:**

**Baby Massage:**

The Ark  
 Wednesdays 1:15—2:30  
 (Starting September, Contact Linda)

**Early Days:**

The Ark  
 Thursdays (Contact Eve) 1:00- 2:30

**Dover District Children's Centre Groups:**

**Breastfeeding Group:**

Wednesdays 10:00—12:00  
 Royal Victoria Place: (Along from Pip's Chip Shop!)

**Splash Around:**

Mondays 12.30 — 1300  
 Dover Leisure Centre: with a Stop & Chat afterwards (Contact Eve/Vicky)

**Teens with Tots (YAPS):**

Wednesdays 12:30—2:30  
 Royal Victoria Place

**Time:**

09:30—11:30

09:30 -11:30

1:15—2:45



**Courses: (rolling programme across Dover**

**District Children's Centres)**

**Paediatric First Aid:** Contact Sharon Taylor/Mandy

**Basic Food Hygiene:** Contact Sharon Taylor/Mandy

**Basic Skills:** (Literacy & Numeracy): Contact Sharon Taylor/Mandy

**Managing Toddlers Behaviour:** Contact Sarah/Viv/Eve

**Confidence Building Skills:** Contact Elaine / Mandy

**Speakeasy:** Talking to children about sex: Contact Eve



**Exercise Classes:** Contact Sharon Taylor/Mandy

**Cook and Eat/Healthy Eating:** Contact Sharon Taylor/Mandy

**Breastfeeding Peer Support Training:** Contact Eve/Claire



**Storytelling:** Contact Jenny/Anna/Emma

**Health Walks:** Contact Mandy

**Story Sacks:** Contact Sharon Taylor/Mandy

**One-to-One/Group Programmes:**

**1:1 Smoking Cessation:** Contact Viv/Linda/Elaine

**Baby Massage:** Contact Linda, Tina or Jane Burt

**Freedom Programme:** (Support for victims of domestic abuse) Contact Sue Webb at Social Services

**Outreach Home Visiting Team:** Contact Mandy